



**Strawberry  
Phyto  
Power**

**Banana  
Energy  
Charge** 

**Orange  
Everyday  
Defense**

**Peach  
Complexion  
Care**

**Chocolate  
Cardia  
Care** 

## Healthy Variety

ViSalus Sciences® offers the utmost in flavor, fun, and convenient nutrition with our patent-pending Shape Up™ Health Flavor Mix Ins! Getting unique flavors and having variety has never been so healthy, or so much fun before!

Our patent-pending Health Flavors allow you to enjoy Vi-Shape® Nutritional Shake Mix and have an affordable abundance of flavors with concentrated health benefits. No more buying 3 or 4 canisters of flavored shake mixes! Simply buy our Health Flavor Mix-ins and add them to your Vi-Shape® Shake for fun and healthy flavor on-the-go.

Mix and match ViSalus Health Flavors for fun, flavor! Add Health Flavors to cereal, oatmeal, milk, pudding, ice cream, coffee or other foods for healthy flavorful nutrition on the go.

## Did you know:

Phytonutrients are certain organic compounds of plants and foods that help promote health and have potent medicinal properties. There are abundant epidemiological studies that suggest phytonutrients or phytochemicals from fruits and vegetables have strong health protective properties. Phytochemicals have been used for hundreds of years. For example, Hippocrates in 400 BC used willow tree bark to help with fevers.

Polyphenols are also organic compounds of plants and foods that help promote health. They were briefly known as “Vitamin P” because of their healthy benefits. Research indicates that polyphenols have antioxidant properties that may help reduce the risk of cardiovascular disease and cancer. They have also been investigated as a source of additional health benefits.

## 5 Great Flavors!

### Strawberry Phyto-Power

Packed with Phytonutrients, the powerful active parts of fruits, vegetables and plants. Once known as “Vitamin P”, phytonutrients have many health protective properties. Each packet of Strawberry Phyto-Power has the equivalent of almost 50 strawberries of power. It tastes like a handful of rich, fresh strawberries, and includes wild blueberry, cherry, raspberry powder, grape seed extract and more.

### Banana Energy Charge



Boost your energy with healthy, fresh tasting ingredients. Blended with Guarana that can provide a lift that lasts, and Green Tea which supports alertness combined with Siberian Ginseng and Cordyceps to help support stamina. Banana Energy Charge tastes like a fresh banana picked right off the tree!

### Orange Everyday Defense

Supports a healthy immune function. Our unique formulation contains Astragalus Extract to support healthy immune system response, Turkey Tail, a unique mushroom with beneficial properties, Glisodin, a special melon extract, and OptiZinc®\* (a highly bio-available form of zinc) to help support a healthy detoxification process.

\*OptiZinc® brand Zinc Monomethionine (U.S. Patent 4,764,633) or OptiZinc® is a trademark of InterHealth N.I.

### Peach Complexion Care

Promotes healthy, vibrant skin that glows from the inside out. A combination of Glucosamine Sulfate, Collagen and Biotin help provide healthy structure together with Grape Seed Extract and Pine Bark Extract promote healthy skin. Taste the creamy peach, with a hint of mango and passion fruit and Peach Complex Care can help you look and feel younger!

### Chocolate Cardia Care



A concentrated blend of polyphenols from rich dark chocolate that have healthy heart benefits. Polyphenols are a potent form of antioxidants. Chocolate Cardia Care has the benefits of 6-8 bars of dark chocolate. It is creamy, rich, decadent chocolate flavor without the guilt.

## SUPPLEMENT FACTS

### Strawberry Phyto Power

Serving Size: 1 packet

Ingredient	Amount	% Daily Value
Proprietary Antioxidant Fruit Blend (Provides 2500 ORAC Units <sup>***</sup> )	650 mg	**
Strawberry Extract (2% Ellagic Acid), Wild Blueberry Powder, Cherry Powder, Orange Powder, Raspberry Powder, Strawberry Powder, Cranberry Powder, Grape Seed Extract		
Calories	4	
Calories from Fat	0	
Total Fat	0 g	0%
Total Carbohydrate	1 g	<1%
Dietary Fiber	0 g	0%
Protein	0 g	0%

**Other Ingredients:** Natural and artificial strawberry flavors, and maltodextrin.

**Allergen Warning:** Manufactured on equipment which processes products containing milk, egg, soybeans, gluten, wheat, shellfish, fish oil, tree nuts, and peanut flavor.

Settling may occur. Keep in a cool dry place.

\*Percent Daily Values are based on a 2,000 Calorie diet.

\*\* Daily Value (DV) not established.

\*\*\* ORAC

Oxygen Radical Absorption Capacity



## SUPPLEMENT FACTS

### Banana Energy Charge

Serving Size: 1 packet



Ingredient	Amount	% Daily Value
Proprietary Health Flavor Blend	250 mg	**
Dicaffeine Malate, Green Tea Extract ( <i>Camellia sinensis</i> )(leaf), Guarana Extract ( <i>Paullinia cupana</i> )(seed), Eleuthero Extract ( <i>Eleuthero senticosus</i> )(root) and Cordyceps ( <i>Cordyceps sinensis</i> )(whole)		
Calories	10	
Total Carbohydrate	3 g	1%

**Other Ingredients:** Natural and artificial flavors, banana powder, maltodextrin, beta carotene (color) and silicon dioxide.

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There is 75 mg of caffeine per serving. This is less than a cup of regular coffee.

Not recommended for children, pregnant women, people sensitive to caffeine or people who are taking blood thinning medication.

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\*\* Daily Value (DV) not established.



## SUPPLEMENT FACTS

### Orange Everyday Defense

Serving Size: 1 packet

Ingredient	Amount	% Daily Value
Zinc (as monomethionine)‡	5 mg	33%
Proprietary Health Flavor Blend	575 mg	**
Arabinogalactan, Melon Extract ( <i>Cucumis melo</i> ) (fruit)(superoxide dismutase bound with gliadin (wheat))§, Astragalus Extract ( <i>Astragalus membranaceus</i> ) (leaf) and Turkey Tail Extract ( <i>Coriolus versicolor</i> )(aerial).		
Calories	10	
Total Carbohydrates	3 g	1%

**Other Ingredients:** Natural and artificial flavor, orange juice powder, maltodextrin, tricalcium phosphate and beta carotene (color). Contains wheat.

**Allergen Warning:** Manufactured on equipment which processes products containing milk, egg, soybeans, gluten, wheat, shellfish, fish oil, tree nuts, and peanut flavor.

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‡ OptiZinc® brand zinc monomethionine (U.S. Patent 4,764,633)

OptiZinc® is a trademark of InterHealth N.I.

§ Isocell SA, France is the owner of U.S.

Patent Nos. 6,045,809 and 6,426,068B1 and trademark for GliSODin®

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\*\* Daily Value (DV) not established.



## SUPPLEMENT FACTS

### Peach Complexion Care

Serving Size: 1 packet

Ingredient	Amount	% Daily Value
Biotin	300 mcg	100%
Proprietary Health Flavor Blend	590 mg	**
Glucosamine Sulfate, Type II Collagen, Grape Seed Extract ( <i>Vitis vinifera</i> )(seed), Pomegranate Extract ( <i>Punica granatum</i> )(fruit) and Pine Bark Extract ( <i>Pinus maritima</i> ).		
Calories	10	
Total Carbohydrate	3 g	1%

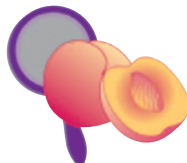
**Other Ingredients:** Natural and artificial flavor, maltodextrin, peach powder, passion fruit powder, beet juice powder (color) and beta carotene (color).

**Allergen Warning:** Manufactured on equipment which processes products containing milk, egg, soybeans, gluten, wheat, shellfish, fish oil, tree nuts, and peanut flavor.

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\*\* Daily Value (DV) not established.



## SUPPLEMENT FACTS

### Chocolate Cardia Care

Serving Size: 1 packet



Ingredient	Amount	% Daily Value
Cocoa Polyphenols (from <i>Theobroma cacao</i> L.)	150 mg	**
Calories	8	
Calories from Fat	0	
Total Fat	0 g	0%
Total Carbohydrate	2 g	<1%
Dietary Fiber	0.5 g	2%
Protein	0.5 g	<1%

**Other Ingredients:** Dutch processed cocoa, cocoa polyphenols (from *Theobroma cacao* L.), natural and artificial chocolate flavor, and maltodextrin.

**Allergen Warning:** Manufactured on equipment which processes products containing milk, egg, soybeans, gluten, wheat, shellfish, fish oil, tree nuts, and peanut flavor.

Settling may occur. Keep in a cool dry place.

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