



Based on 25 years of scientific study, including NIH (National Institute of Health) funded research, the Vi-pak® was created by Dr. Seidman to provide the ultimate health protection.

In today's "insta-society" of fast food and hectic lifestyles, our bodies are paying the price. From processed foods to lack of sleep and high stress, we are fast-forwarding the already short amount of time we have on this planet.

The Vi-pak® uses four unique supplements to provide our bodies with the nutrients needed to operate at peak levels. Combining a Multi Mineral & Vitamin Formula and Supercharged Antioxidant with a patented Anti-Aging & Energy Complex and Omega Vitals Formulation, the Vi-pak® is an unprecedented system for ultimate health and nutrition. Neatly divided into daily packets, you can not only protect your health with the traditional 1-month supply, but help others feel the benefits with a 3-day sample pack.

If you want the most robust blend of ingredients to fuel your body deep in the cells, this is the product for you.

Benefits of the Vi-pak®:

Designed to help:

- Your body's natural energy production, endurance and performance
- Support overall immune system function
- Stress and tension
- Support healthy range of motion
- Support your body's recovery process

Four-Part System

Multi-Mineral & Vitamin

A chelated blend of everything you need; nothing you don't.

Anti-Aging & Energy

A patented fountain of youth for the cellular powerhouse!

Omega Vitals

Essential oils for your body's finely tuned engine!

Supercharged Antioxidant

Unprecedented support against devastating free radical attacks.

Did you know...

Many adults are vitamin deficient
Percentage that don't get enough:

Vitamin E	93%
Magnesium	56%
Vitamin A	44%

Why is this? Our diets:

- 16% eat a poor diet
- 74% need improvement
- 10% eat a good diet



A chelated blend of everything you need; nothing you don't.

This supplement is chelated for maximum absorption. It combines vitamins, minerals and other ingredients in a unique formulation. The amounts of each ingredient have been carefully measured to provide the reported potential benefit. This supplement has been designed in concert with the Supercharged Antioxidant to provide the essential vitamins and minerals to promote better health at a cellular level.

Special Features:

Pine Bark is a powerful antioxidant. In nature, it protects trees from the damaging effects of the sun, weather, and other elements. In the human body, however, Pine Bark Extract serves to help protect us from damaging oxidation that takes place with our every breath.

The Multi Mineral & Vitamin works in concert with the Supercharged Antioxidant to provide a perfectly-balanced daily supply of the body's essential needs.

All of the minerals used in the Multi Mineral & Vitamin supplement have been chelated with an amino acid to enhance absorption. Other brands are not chelated so your body may absorb roughly 2% - 4% of the minerals you take in. The rate of absorption of this chelated mineral supplement has been proven to be between 35% - 40%.

All the essential vitamins and minerals offering you complete protection.

Contains natural vitamins, minerals, and enzymes with increased absorption from chelation.

Scientifically developed research driven formula for optimal health and wellness.

SUPPLEMENT FACTS

Serving size: 1 Tablet

Ingredient	Amount	% Daily Value
Vitamin A (as Beta Carotene)	1666.5 IU	36%
Vitamin C (Ascorbic Acid)	30 mg	50%
Vitamin D3 (as Cholecalciferol)	133.5 IU	33%
Vitamin E (as d-alpha Tocopherol Acetate)	33.5 mg	110%
Vitamin K (as Phytonadione)	8.5 mcg	5%
Thiamin (as Thiamine Hydrochloride)	8.5 mg	565%
Riboflavin	8.5 mg	500%
Niacin (as Niacinamide)	8.5 mg	40%
Vitamin B6 (as Pyridoxine Hydrochloride)	8.5 mg	425%
Folate (Folic Acid)	133.5 mcg	33%
Vitamin B12 (as Cyanocobalamin)	4 mcg	67%
Biotin	150 mcg	50%
Pantothenic Acid (as calcium pantothenate)	8.5 mg	85%
Calcium (as Calcium Chelate & Carbonate)	66.5 mg	7%
Iodine (from Sea Kelp)	50 mcg	33%
Magnesium (as Magnesium Chelate & Oxide)	58.5 mg	15%
Zinc (as Zinc Chelate)	1.5 mg	10%
Selenium (as Selenomethionate)	8.5 mg	12%
Copper (as Copper Oxide)	0.5 mg	25%
Manganese (as Manganese Chelate)	3.5 mg	175%
Chromium (as Chromium Chelate)	8.5 mcg	7%
Molybdenum (as Molybdenum Chelate)	3.5 mcg	5%
Potassium (as Potassium Chloride)	12.5 mg	>1%
Taurine	150 mg	*
Choline (as Choline Bitartrate)	35 mg	*
Phosphoglycolipids	33.5 mg	*
Inositol	13.5 mg	*
Betaine (as Trimethylglycine)	8.5 mg	*
Boron (as Boron Chelate)	50 mcg	*
Vanadium (as Vanadium Chelate)	3.5 mcg	*
Sage (Salvia officinalis)(leaf)	16.5 mg	*
Horsetail (Equisetum arvense)(leaf & stem)	16.5 mg	*
Green Tea Extract (Camellia sinensis)(leaf)	8.5 mg	*
Pine Bark Extract (Pinus massoniana lamb) (bark)	3.5 mg	*

Other Ingredients: Magnesium Stearate, Dicalcium Phosphate, Silicon Dioxide and Pharmaceutical Glaze (coating ingredient).

Guarantee: These supplements are made with the finest scientific and natural ingredients. None of our supplements contain any yeast, preservatives, artificial flavoring, wheat, corn or milk.

Note: Keep out of the reach of children. Store in a cool, dry place.

Directions: Take one table every morning and one tablet every evening with a glass of water. For optimal results, use for at least 90 consecutive days and combine with proper diet and exercise.

*Daily value not yet established.

NOW WITH
MORE
CoQ10



A patented fountain of youth for the cellular powerhouse!

The Anti-Aging & Energy Formula is revolutionary in its ability to enhance mitochondrial function and improve the efficiency of energy production in the body. This cutting-edge supplement was awarded a Government Patent on its merits and on the results of clinical tests.

There is extensive scientific support that mitochondrial function declines with age, starting as early as our 20's. A leading theory on aging, the mitochondrial clock theory, is based upon a gradual decline in mitochondrial function because of DNA damage from free radicals.

This patented product combines two mitochondrial metabolites and two mitochondrial respiratory chain precursors that enhance mitochondrial function. In animal and human studies, these metabolites increase mitochondrial functions, enhance energy production and counteract some of the biochemical reactions associated with aging.

Special Features:

Alpha lipoic acid, a key ingredient of this formula, serves to enhance mitochondrial function, support better hearing, and has been used as a therapeutic agent in liver and brain disorders.

Acetyl L-carnitine is a biological compound also found in the formula which stimulates antioxidant defenses.

Coenzyme Q10 and **Glutathione** are the other key ingredients that make this formula unique, helping to effectively battle free radicals on a cellular level. The ability to slow the process of aging on a cellular level is what sets this product apart from the rest and is the reason it has produced so many remarkable success stories.

Scientifically developed and patented formula slows cell aging†

Supports increased memory and energy

Vi-pak® Anti-Aging and Energy Supplements are helping lead the way to healthier living.

SUPPLEMENT FACTS

Serving size: 1 Capsule

Ingredient	Amount	% Daily Value
Acetyl-L-Carnitine	600 mg	*
Alpha Lipoic Acid	150 mg	*
L-Glutathione	30 mg	*
Coenzyme Q-10	20 mg	*

Other Ingredients: Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium, Silicon Dioxide, Magnesium Stearate, and Pharmaceutical Glaze (Tablet Coating).

Guarantee: These supplements are made with the finest scientific and natural ingredients. None of our supplements contain any yeast, preservatives, artificial flavoring, wheat, corn or milk.

†Based on institutionally funded research by Dr. Michael Seidman resulting in a patented supplement proven to slow the cellular aging process at a mitochondrial level. U.S. Patent #5,977,162

Note: Keep out of reach of children. Store in a cool, dry place.

Directions: Take one capsule with a glass of water every day. For optimal results, use for at least 90 consecutive days and combine with proper diet and exercise.

*Daily value not yet established.

Healthy vs. Unhealthy Mitochondria



Unhealthy Mitochondria

Unhealthy cell becoming apoptotic; disintegrating as the mitochondria order the cell to self-destruct.



Healthy Mitochondria

Vi-pak is shown to help improve mitochondrial health and may delay onset of apoptosis.*

Artist Rendering



Essential oils for your body's finely tuned engine!

Do you eat 3–5 meals per week with salmon, mackerel, or sardines? If you don't, you may not be protecting your vital heart and body functions. The ViSalus Omega Vitals Supplement provides life enhancing oils to support health.

Omega Vitals, or Essential Fatty Acids (EFA), are so-named because they are imperative for optimal health, cognitive function and cardiovascular support.

These EFA's function as building blocks for the membranes of every cell in the body. They also produce "prostaglandin families," which are hormone-like substances necessary for energy metabolism and cardiovascular and immune health. Brain and nerve tissue consist of over 50% EFA's!

Special Features:

- A proprietary, unique blend of robust EFAs
- Assists cardiovascular function by supporting healthy blood pressure, cholesterol, and blood clotting abilities
- Supports brain function, memory and cognitive abilities
- Supports a healthy mood
- Supports the body's immune function
- Supports physical performance
- Supports healthy skin, hair, and nails
- Includes a proprietary blend of purified essential oils from molecular distilled Fish Oil, Evening Primrose, Flaxseed and Pumpkin Seed

Specially designed for head to toe health, Vi-pak® Omega Vitals Supplements are helping lead the way to healthier living with a carefully chosen blend designed to help you get healthy omega benefits daily.

SUPPLEMENT FACTS

Serving size: 1 Softgel

Ingredient	Amount	% Daily Value
Phosphatidylcholine	57.5 mg	*
Phosphatidylserine	2.6 mg	*
Natural Mixed Tocopherols	25.0 mg	*
Fish Oil	417.0 mg	*
Evening Primrose Oil (Oenothera biennis L) (seed)	125.0 mg	*
Flax Seed Oil (Linum usitatissimum L) (seed)	125.0 mg	*
Pumpkin Seed Oil (Cucurbita pepo L) (seed)	50.0 mg	*
Calories	10	
Calories from fat	7	
Total Fat	1 g	1.5%
Cholesterol	<5 mg	<1%

Other Ingredients: Soybean Oil and Softgel Capsule (Kosher Gelatin, Glycerin, Purified Water and Titanium Dioxide).

Guarantee: These supplements are made with the finest scientific and natural ingredients to help you feel your best. None of our supplements contain any yeast, preservatives, artificial flavoring, wheat, corn or milk.

Note: You should not take this product if you are pregnant or lactating or if you are taking blood thinning medication. Please consult your physician prior to use. Keep out of the reach of children. Store in a cool, dry place.

Directions: Take one capsule every morning and one capsule every evening with a glass of water. For optimal results, use for at least 90 consecutive days and combine with proper diet and exercise.

Percent Daily Values (%DV) are based on a 2,000 calorie diet.

* Daily Value (DV) Not Established



Unprecedented support against devastating free radical attacks.

When you cut an apple, over time the flesh browns and decays. Free radicals can have a similar aging effect on your cells. The Supercharged Antioxidant is a potent blend of vitamins, antioxidants and minerals specifically designed to battle free radicals throughout your system.

Antioxidants help your body defend itself. But not all antioxidants are equal. Free radicals are damaging agents found in and created by our own bodies. Produced in the mitochondria of each cell, we each create seven trillion of these free radicals every second.

The Supercharged Antioxidant found in the Vi-pak® combines 26 robust ingredients with vitamins A, C and E, help your body combat the effects of free radicals, as well as even more potent antioxidants such as N-acetyl cysteine, Grape Seed, Green Tea and Pine Bark extracts. This is why our ingredient lab tests cannot be matched by other brands!

Special Features:

The herbs **Ginseng** and **Ginkgo Biloba** are excellent for maintaining general health and have the potential to enhance the sense of well-being and overall memory capacity.

N-acetyl Cysteine is a potent antioxidant and protects cells from the toxic effects of oxygen.

Grape Seed Extract is an outstanding antioxidant and has been shown to be 20 times more powerful than vitamin C and 50 times as powerful as vitamin E.

26 combined antioxidants for high levels of defense

Scientifically developed research driven formula for optimal health and wellness

Vi-pak® Supercharged Antioxidant Supplements are helping lead the way to healthier living by combining vitamins, minerals, herbs, and phytonutrients with molecular and cellular antioxidants to safely provide optimal protection from oxidative processes.

SUPPLEMENT FACTS

Serving size: 1 Tablet

Ingredient	Amount	% Daily Value
Vitamin A (as Beta Carotene)	6000 IU	120%
Vitamin C (Ascorbic Acid)	400 mg	660%
Vitamin E (as DL-Alpha Tocopherol Acetate)	200 mg	660%
Niacin (as Niacinamide)	50 mg	250%
Folate (Folic Acid)	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	50 mcg	833%
Zinc (as Zinc Chelate)	15 mg	100%
Selenium (as Selenium Chelate)	70 mcg	100%
Manganese (as Manganese Chelate)	2.5 mg	125%
Chromium (as Chromium Chelate)	120 mcg	100%
N-Acetyl L-Cysteine	50 mg	*
Citrus Bioflavonoids	50 mg	*
L-Glutathione	30 mg	*
DL Methionine	30 mg	*
Alpha Lipoic Acid	12.5 mg	*
Coenzyme Q-10	5 mg	*
Lutein	2.5 mg	*
Green Tea Extract (camellia sinensis)(Leaf)	100 mg	*
Korean Ginseng (panax ginseng)(Root)	100 mg	*
Ginkgo Biloba Extract (ginkgoaceae)(Leaf)	30 mg	*
Grape Seed Extract (vitis vinifera) (Seed)	22.5 mg	*

Other Ingredients: Magnesium Stearate, Dicalcium Phosphate, Microcrystalline Cellulose, Silicon Dioxide and Pharmaceutical Glaze (Tablet Coating).

Guarantee: These supplements are made with the finest scientific and natural ingredients to help you feel your best. None of our supplements contain any yeast, preservatives, artificial flavoring, wheat, corn or milk.

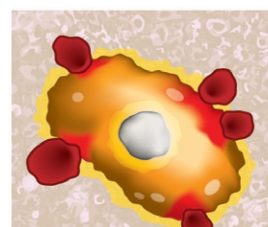
Note: You should not take this product if you are pregnant or lactating or if you are taking blood thinning medication. Please consult your physician prior to use. Keep out of the reach of children. Store in a cool, dry place.

DIRECTIONS: Take one tablet every day with a glass of water. For optimal results, use for at least 90 consecutive days and combine with proper diet and exercise.

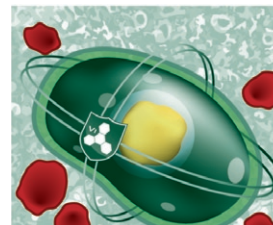
Percent Daily Values (%DV) are based on a 2,000 calorie diet.

* Daily Value (DV) Not Established

Effects of Free Radicals



Free Radicals attacking and weakening a cell.



Cell with strengthened antioxidant defense.

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